



# SPANISH DICTIONARY

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## INTRODUCTION

www.wordmeaning.org is an open and collaborative dictionary project that, apart from being able to consult meanings of words, also offers its users the possibility of including new words or nuancing the meaning of existing words in it. As is understandable, this project would be impossible to carry out without the esteemed collaboration of the people who follow us around the world. This e-Book, therefore, was born with the intention of paying a small tribute to all our collaborators.

Miguel Benítez has contributed to the dictionary with 1 meanings that we have approved and collected in this small book. We hope that the reader is very valuable and if you find it useful or want to be part of the project, do not hesitate to visit our website, we will be delighted to receive you.

Working Group

[www.wordmeaning.org](http://www.wordmeaning.org)

## **esfuerzo sostenido**

maintain a constant, set a few goals keeping the lens in a certain time constraints aside haciendo